

CATEGORY B: Teaching & preparation, Research, writing, preparation of articles or presentations at workshops/conferences, etc., Mentoring, Committee work & board meetings, Training in workplace, Volunteering in social work related activities, Educating others about the social work profession, Supervising social work students.
***A maximum of 20 HOURS may be collected in Category B.**

| <i>Activity</i> | <i>Organization</i> | <i>Dates</i> | <i># of hours</i> |
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Hours (B)

CATEGORY C: Self-directed learning (books/journals/videos/internet research).
***A maximum of 10 HOURS may be collected in Category C.**

| <i>Activity</i> | <i>Dates</i> | <i># of hours</i> |
|-----------------|--------------|-------------------|
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Hours (C)

TOTAL of Categories A, B and C combined:
MINIMUM 40 total hours REQUIRED

Signature

Date

10 09